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## ***Post - Procedure Instructions*** **Following Laser Assisted Periodontal Therapy**

Your Doctor and his staff have just performed laser therapy on the oral tissues that support and maintain the health of your teeth. By utilizing a special laser the Dental Team can prevent further destruction of the tissues maintaining your teeth and in some cases actually repair and regenerate these tissues. This laser procedure is usually combined with scaling and cleaning the root surfaces of the diseased teeth, because diseased tissue is removed and the teeth are physically scaled, some discomfort is to be expected. The discomfort should be mild and can be controlled by over the counter analgesics (pain relievers), (Tylenol, Advil, etc.) This should be taken as directed on the packaging or as directed by the Doctor. If pain becomes severe please don't hesitate to call the office (this is very rare).

### **Oral Hygiene instructions:**

- Starting the night of the procedure: gentle, but thorough brushing and flossing of the entire mouth. (The appropriate hygiene adjuncts can also be used, proxabrush, rubber tip stimulators, electric toothbrush, etc.)
- Use of oral rinses: The Doctor may put you on an oral rinse (chlorhexidine) or antibiotic. Please follow the instructions outlined by the STAFF and continue for the entire timeframe outlined by the staff.

### **What to expect:**

The gingival tissues may be tender and teeth may possibly be sensitive (temporarily) to hot or cold. You may also experience slight bleeding when brushing or flossing. The gingival tissues should feel better (healthier) within days. Color changes and appearance in the gingival tissues will also result. The gums will be less inflamed and redness will decrease.

Many patients report the “their gums feel better than ever before”. Remember the key to success relies on proper oral hygiene. Lasers can offer a less invasive treatment of periodontal disease and your dentist has invested in the newest technology available. This technology together with your dedication to improved home care will result in the best overall results.

Please feel free to call the office if you have any further questions (352) 205-7667.